Cady Way Trail

Clean, Green, Fun!
Since the first phase of the Cady Way Trail opened in 1994, it has been a popular recreation facility; averaging over half a million users per year.

The existing trail is a 6.5 mile long asphalt pathway that follows a former railway corridor linking the City of Winter Park recreational and residential areas with Orange County neighborhoods and the Orlando Fashion Square Mall. The Cady Way Trail is an innovative project that brought together four governmental entities to build and maintain the multi-use recreational trail: the City of Orlando, the Orlando Utilities Commission (OUC), the City of Winter Park and Orange County.

The trail alternates between a single width pathway and two paths separated by a median. When it is a single pathway, the trail varies between 10 and 16 feet wide with a white line separating pedestrians from skaters and bicyclists. When it is divided, it is 10 feet wide on one side and 6 feet wide on the other. Bicyclists and skaters will use the 10 foot wide side when the trail is divided and the wider lane of the single width pathways. Look for sign and pavement markings indicating which side you should follow.

The narrow “station” or location reference numbers are marked in white on the trail. They are posted every 0.5 mile and can be used to describe the location of any problems on the trail.

There are shelters and rest stops with benches, trash receptacles and water fountains located at convenient intervals along the trail.
Phase II will be an important link in a network of trails eventually connecting the Cross Seminole Trail, Cady Way Trail and Little Econ Greenway. Once completed, the system will consist of over 30 miles of trails extending throughout east Orange and Seminole Counties.

Phase II of the Cady Way Trail has a 14 foot wide paved trail for walkers, bicyclists and skaters. Extending 2.7 miles from Ward Park, it will cross over S.R. 436 and pass through the Goldenrod area en route to a connection with the Cross Seminole Trail.

The trail links two schools, Ward Park, Cady Way Pool and commercial and residential areas. There is a trail bridge over S.R. 436 and a trailhead at Goldenrod Road.

The project was awarded a $1,750,000 Transportation Enhancement grant by the Federal Highway Administration and the Florida Department of Transportation, and a $483,000 grant from the Florida Department of Environmental Protection, Office of Greenways & Trails.
**Rules of the Road**

1. Florida law requires all bicyclists under age 16 to wear a bicycle helmet.
2. Bicycles must follow all traffic laws of the State of Florida and obey all traffic controls and signals (Florida Statutes 316.2065).
3. Bicycles and skaters on the trail and at crosswalks must yield to pedestrians.
4. All trail users, including pedestrians, bicyclists, skaters, and others should travel on the right hand side of the trail and no more than two abreast.
5. Make an audible signal when passing. (Includes skaters and runners)
6. Make hand signal when turning or changing lanes. Always pass on the left. Move off the trail surface when stopped to allow the safe passage of others.
7. Stop and yield at all streets intersecting the trail.
8. Racing, zig-zagging and other reckless movement is prohibited. Please travel at a responsible speed.
10. Your location on the trail is noted by mile markers every 1/2 mile. Use such location numbers for 911 or other emergency reference.
11. Skateboarders must maintain control of their boards.
12. Using skateboards on any fixture other than the trail itself is prohibited. No extreme skating.
13. Pets must be restrained by a leash no greater than 6’ in length and under owner control. Please clean up after pets.
14. Trail opens at sunrise and closes at sunset, as defined by the National Weather Service.
15. Alcoholic beverages are prohibited. (Notice of consent to inspection: Every person entering this park upon request by an enforcement officer shall exhibit the contents of any container which may contain an alcoholic beverage. Compliance with such a request is a condition of entry to Park. Orange County Code of Laws Section 25-31.)
16. Please respect Trail Patrol Staff. They promote and provide for a safe trail experience.
17. Stay to the right of trail centerline, except when passing.

*Only authorized motor vehicles permitted*
Funding for Phase II of the Cady Way Trail has been provided by the Orange County Mayor and Board of County Commissioners, the Federal Highway Administration, the Florida Department of Transportation and the Florida Department of Environmental Protection, Office of Greenways and Trails. Orange County would like to acknowledge the members of Metro Plan Orlando for their valuable assistance with the Project.

We embrace the power of diversity. Orange County Parks and Recreation does not discriminate against anyone on the basis of age, race, gender, national origin or disability. ANY SPECIAL NEEDS PLEASE CALL.