

CITY OF WINTER PARK

proclamation

Growing Bolder Day | October 7, 2023

WHEREAS, Growing Bolder Day is a free, community-wide, intergenerational celebration of aging, presented by the Senior Resource Alliance; and

WHEREAS, this day supports and falls within the International Council on Active Aging's 20th Annual Active Aging Week, and is on the same day as the American Society on Aging's Ageism Awareness Day; and

WHEREAS, increasing awareness of the positive aspects of growing older, combating ageist attitudes and stereotypes, and inspiring all older adults to push past traditional boundaries; and

WHEREAS, Growing Bolder Day encourages residents of all ages to make the kind of daily lifestyle choices that support happy and healthy aging; and

WHEREAS, the city supports a thriving, vibrant and healthier community for all residents, and recognizes the need to offer the services and support that older adults may need to make choices about how they age; and

WHEREAS, older adults are a vital and growing part of Winter Park, and creating opportunities for them to remain active and engaged in community life is of the upmost importance; and

WHEREAS, Growing Bolder, The Senior Resource Alliance, The Winter Park Health Foundation and The Center for Health & Wellbeing have all risen to meet the needs of Winter Park's older adults.

NOW, THEREFORE, I, Phillip M. Anderson, by virtue of the authority vested in me as Mayor of the City of Winter Park in the state of Florida, do hereby proclaim **Saturday, October 7, 2023**, as **"Growing Bolder Day"** in Winter Park, Florida and express appreciation to Growing Bolder, The Senior Resource Alliance, and The Center for Health and Wellbeing for the continuing contributions of the residents to our community.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City of Winter Park, Florida, to be affixed this 3rd day of October 2023.

Phillip M. Anderson
Mayor