

CITY OF WINTER PARK

proclamation

Massage Therapy Awareness Week | October 21-27, 2018

WHEREAS, licensed massage therapists have been licensed and regulated in the state of Florida since 1943, and as of 2018, there are over 41,000 massage therapists licensed in the state of Florida; and

WHEREAS, licensed massage therapists throughout the state are actively involved in public awareness health programs to improve the health and quality of life of Florida residents; and

WHEREAS, massage therapy is a proven-effective means of preventative health care, as well as a remedial health service; and

WHEREAS, massage therapy treatments relieve muscle spasms and restore elasticity and circulation to the soft tissues of the body, enabling improved health and mobility; and

WHEREAS, stress is recognized as a major risk factor in disease, and massage therapy is regarded as a premier strategy for effective stress management; and

WHEREAS, massage therapy meets the need for skilled delivery of preventative health care as technology and fast paced modern lifestyles create greater stress levels; and

WHEREAS, massage therapy is a low-cost, high-quality means of enhancing and restoring health.

NOW, THEREFORE, I, Steve Leary, by virtue of the authority vested in me as Mayor of the City of Winter Park, in the state of Florida, do hereby proclaim **Sunday, October 21, through Saturday, October 27, 2018**, as **Massage Therapy Awareness Week** in the City of Winter Park, Florida.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City of Winter Park, Florida, to be affixed this 12th day of October 2018.

Steve Leary
Mayor

A handwritten signature in black ink, appearing to read "Steve Leary", is written over a faint, circular embossed seal.