

proclamation

National Wear Red Day | February 5

WHEREAS, heart disease is the number one killer of women, yet 80 percent of cardiac events can be prevented; and

WHEREAS, cardiovascular diseases cause 1 in 3 women's deaths each year, killing approximately one woman every minute; and

WHEREAS, an estimated 44 million women in the United States are affected by cardiovascular diseases; and

WHEREAS, 90 percent of women have one or more risk factors for developing heart disease, yet only 1 in 5 American women believe that heart disease is her greatest health threat; and

WHEREAS, since 1984, more women than men have died each year from heart disease, and women comprise only 24 percent of participants in all heart-related studies; and

WHEREAS, women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else were having a heart attack; and

WHEREAS, only 43 percent of African American women and 44 percent of Hispanic women know that heart disease is their greatest health risk, compared with 60 percent of Caucasian women; and

WHEREAS, women involved with the American Heart Association's Go Red For Women® movement live healthier lives—nearly 90 percent have made at least one healthy behavior change; and

WHEREAS, Go Red For Women is asking all Americans to Go Red by wearing red.

NOW, THEREFORE, I, Steve Leary, by virtue of the authority vested in me as Mayor of the City of Winter Park, in the state of Florida, do hereby proclaim **Friday, February 5, 2016**, to be **National Wear Red Day®** in the City of Winter Park, Florida, and urge all citizens to show their support for women and the fight against heart disease.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City of Winter Park, Florida, to be affixed this 22nd day of January 2016.

A handwritten signature in black ink, appearing to read "Steve Leary".

Steve Leary
Mayor