

FOR IMMEDIATE RELEASE

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THE SHIFT: A Choreographers Showcase Brings Bold Contemporary Dance to Orlando

Orlando, FL — *The Shift: A Choreographers Showcase* returns this August for an electrifying evening of contemporary dance, featuring innovative works by emerging and established choreographers from across Central Florida. Presented by Emotions Dance Company, this dynamic performance highlights the diverse voices shaping today's dance landscape.

Performances will take place at **ME Theatre (1300 La Quinta Drive, Orlando, FL)** on **Friday, August 29, 2026 at 7:30 PM** and **Saturday, August 30, 2026 at 5:00 PM**.

Tickets are available now:
<https://www.emotionsdance.org/shift>

A Platform for Innovation and Artistic Voice

The Shift is designed as a platform for both emerging and established artists to present original choreography in an intimate, audience-centered setting. The performance features a compelling mix of styles, perspectives, and creative risk-taking—offering audiences an opportunity to experience fresh, boundary-pushing work that reflects the innovation and diversity of the region's dance community.

Each piece in the program brings a unique point of view, creating an ever-evolving evening of performance that is both thought-provoking and visually engaging.

Featured Artists and Companies

This year's showcase includes performances by leading dance companies and choreographers across Central Florida, including:

- Emotions Dance
- Edgez Dance
- N.A.D.ance

With original works by:

- Ryan Page
 - Christopher Ryan
 - Ellexis Hatch
 - Dante Lewis Fernandez
 - Corinne Hidar
 - Nataniel Alvira
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About Emotions Dance Company

Emotions Dance Company is a nonprofit contemporary dance organization dedicated to creating and presenting work that explores social, environmental, and human-centered themes through movement. Through performances, community programming, and collaborative partnerships, the company seeks to make dance accessible, relevant, and impactful.

Event Details at a Glance

Event: The Shift: A Choreographers Showcase

Dates: August 29, 2026 at 7:30 PM & August 30, 2026 at 5:00 PM

Location: ME Theatre, 1300 La Quinta Dr., Orlando, FL

Tickets: Available online and at the door (link above)

For interviews, media inquiries, or press tickets, please contact Larissa Humiston at the information listed above.

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