

FOR IMMEDIATE RELEASE

Emotions Dance and SGP Movement Dance Company Present *Untold Stories*

Two Evenings of Powerful Contemporary Dance Exploring the Human Experience

Orlando, FL – October 1, 2025 – Emotions Dance and SGP Movement Dance Company are proud to announce a collaborative performance, *Untold Stories*, taking place **Saturday, November 8, 2025 at 7:30 PM** and **Sunday, November 9, 2025 at 5:00 PM** at the **ME Theatre (1300 La Quinta Dr., Orlando, FL)**.

This moving performance brings together the artistry and vision of two leading Central Florida dance companies to shed light on the often unspoken challenges of the human condition. Through contemporary dance, *Untold Stories* explores universal themes of grief, addiction, discrimination, and the strength required to persevere through life's struggles.

Audiences will experience raw movement, compelling storytelling, and striking choreography that reveal the resilience of the human spirit. Each piece offers a deeply personal perspective, reminding us of the courage it takes to face adversity and the hope that carries us forward.

“Untold Stories is more than a performance—it’s an opportunity to connect with the shared experiences that bind us together,” said Larissa Humiston, Artistic Director of Emotions Dance. *“We want audiences to leave feeling seen, inspired, and reminded that none of us are truly alone in our struggles.”*

Untold Stories is designed to both move and challenge audiences, sparking meaningful dialogue while celebrating the transformative power of dance.

Event Details:

- *Untold Stories*
- Presented by Emotions Dance and SGP Movement Dance Company
- **Saturday, November 8, 2025 | 7:30 PM**
- **Sunday, November 9, 2025 | 5:00 PM**
- **ME Theatre | 1300 La Quinta Dr., Orlando, FL**

Tickets and Information:

For tickets and more information, please visit <https://www.emotionsdance.org/untoldstories> or contact Emotions Dance at 305-707-1182