

# Center for Health & Wellbeing

## INSIDE CHWB

1. Ward & Wellbeing Welcome
2. Meet the wellTogether Team
3. Nourish: Free Tastings + Breakfast Menu \$\$
4. Plant-Based Family Picnic Cooking Demo & Tasting
5. Commons Co-Op Pop-Up Shop
6. AdventHealth Physicians Lounge
7. Drum Circle + Instrument Petting Zoo
8. Earth Day Mocktails
9. City of Winter Park's Green Schools Awards Presentation
10. Crystal Sound Bowl Meditation
11. Tours and Giveaways with the Crosby Wellness Center

12. AdventHealth Sports Med & Rehab Services
13. Meet the Teams from AdventHealth at CHWB
14. CHWB Giveaways
15. Face Painting
16. Family Yoga (Second Floor)
17. Stretch and Recovery Services (Second Floor)

## OUTSIDE CHWB

18. Yard Games
19. Electric Lawn
20. Earth Day Family Art Project
21. Microgreens Growing Kit Workshop
22. Ward & Wellbeing Welcome
23. Urban Forestry Division Tree Giveaway

MAP KEY		
Enter/Exit	Activity Location	Outside Area
Stairs	Bike Racks	Inside Area



## Ward Park

### ACROSS THE STREET FROM CHWB

24. True Amor Flower Truck
25. FREE Kona Ice
26. Craft Table
27. City of Winter Park Stormwater Dept.
28. City of Winter Park Lakes Dept.
29. Keep Winter Park Beautiful
30. City of Winter Park Sustainability Team
31. Surfrider Foundation
32. Oh Eco
33. Shuffled Vintage
34. League of Women Voters
35. *Beacon the Magical Dolphin* by Jess Johnson
36. FL Native Plant Society
37. Mead Botanical Garden
38. O-Town Compost
39. Waste Pro
40. Face Painting
41. Amazing Animals
42. Waste Diversion Tent
43. Waste Diversion Tent